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PM MAKES HIS PITCH
HARPER ARGUES
FOR UN SECURITY
COUNCIL SEAT (page 8)



PULLED
KATY PERRY'S
SESAME STREET
ADVENTURE (page 41)



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Weekend, September 24-26, 2010
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Marching to end violence

The international march to end violence against women was first organized in Philadelphia in 1975. The first march in Ottawa was held in 1978. This year, marchers also demanded that funding be restored to the women's organizations that lost funding earlier in 2010.

Netflix apologizes

Admits Toronto launch included PR stunt {page 25}

Toronto Five-O for Bautista

Jays slugger hits his 50th home run {page 43}

O Canada is obese Canada?

Canada should adopt weight gain prevention strategy:
 OECD → Program would include health promotion, food price regulation → Cost estimated at \$32 US per capita

Canada's battle with the bulge is continuing to escalate with nearly a quarter of the population part of the country's rising obesity rates, a new report from a leading economic organization said Thursday

nomic organization said Thursday.
In its inaugural obesity study, the Organization for Economic Cooperation and Development detailed the economic and financial toll of rising obesity rates.

The findings are based on data from 11 of its 33 member countries.

The report said Canada has a relatively high number of overweight citizens, saying one in four Canadians currently qualifies as obese with that number expected to climb a further five per cent over the next decade.

Weight concerns were particularly prevalent among Canadian men, the report said, adding two in three are categorized as overweight.

Canadian obesity rates are well below those of the United States, identified by the OECD as the fattest nation among its member countries.

Despite the lower figures, the report de-

"Right now, if you are interested in healthy eating or healthy activity, you're pretty much fighting an upstream battle because our environment really is so conducive to being less active and eating a diet that's high in energy and low in nutrients."

RENA MENDELSON, PROFESSOR OF NUTRITION, RYERSON UNIVERSITY

scribed Canada as having high obesity rates relative to its fellow organization members and urged adoption of a comprehensive weight gain prevention strategy. The lifespan of an obese person is up to

The lifespan of an obese person is up to eight to 10 years shorter than that of a normal-weight person, the OECD said, the same loss of lifespan incurred by smoking. THE CANADIAN PRESS,

WITH FILES FROM THE ASSOCIATED PRESS

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On the web at metronews.ca



Stephen Harper talks of Canada's "heavy price" in Afghanistan in UN pitch for Security Council seat. Video at metronews.ca/ canada







United Way hopes community can raise \$33.1M by Dec. 2

It's an ambitious goal, but 2010 Community Campaign chair Cassie Doyle, deputy minister of Natural Resources Canada, is confident that the residents of Ottav are up to it. More than 1,800 workplaces in Ottawa will run their own United Way campaigns. The 10-week-long campaign wraps up on Thursday, Dec. 2, with a celebration at the Canadian Museum of Nature.

Doucet 'plays' up Ottawa's parks

Proposes new committee and deputy city manager responsible for city's recreation ▶ Would slash cost of renting sports facilities ▶ Would purchase land for playing fields



Anyone paying attention to city politics knows that mayoral candidate Clive Doucet is opposed to the redevelopment plan at Lansdowne Park.

On Thursday, in releasing his parks and recreation platform called A City Plays: Community First, he made it clear that he would cancel the project, regardless of a potential penalty.

"If the people of Ottawa chose me, they are choosing a different way of dealing with Lansdowne Park." said Doucet.

The city would hold a design competition for a new plan for the park, with the cost being capped at \$45 million, he said. The stadium would be built in a different location.

Lansdowne would become the great central community park that sustains all the others.

There would also be many more parks, he said. The city would start purchasing land around Ottawa to turn into city parks. Money to buy that land would come from savings from building fewer roads.

The platform is actually about being more frugal with tax dollars, he said.

"We will spend money differently and make Ottawa different," he said.

A City that Plays complements The Local Advan-tage, Doucet's plan for small businesses and farmers, and A City that Moves, his plan for light rail.

Doucet will hold an open house to discuss his platform on Saturday at the Hintonburg Community Centre



"There is this really crabby, mean-minded, lack-of-vision approach to stuff." CLIVE DOUCET, ON THE MAYORAL

Social group calls for \$15M housing fund

There is a solution to this city's affordable housing crisis that does not require raising taxes or increased spending, insist housing advocates.

"We can do this now because the provincial gov-ernment is taking back the cost of some social services. By the year 2018, we'll have \$80 million per year freed up — we can't pass this up," said Ishbel Solvason-Wiebe, chair of the Ot"I challenge candidates for mayor and council to get behind the Housing Answer during the campaign."

SOCIAL HOUSING NETWORK

tawa Social Housing Net-

ISHBEL SOLVASON-WIEBE, OTTAWA

The group's "Housing

Answer" calls on the city to use funds made available from provincial uploading to create a \$15-million housing fund and to use that money to leverage more resources from other levels of government.

The fund could enable the city to build up to 1,000 new affordable and supportive housing units while fixing up 1,500 exist-

TIM WIECLAWSKI

News in brief

St. Paul's to host mayoral debate

ELECTION. Mayoral candidates will be discussing their environment policies at an all-candidates debate on Friday

evening at St. Paul's University. The goal of the evening is to discuss the views of candidates on Ottawa's environmental challenges.

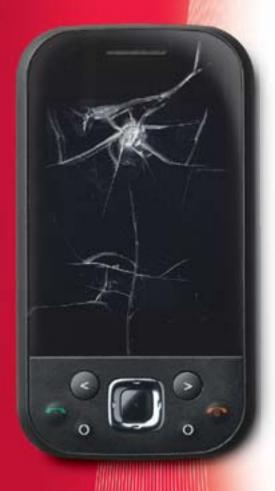
TIM WIECLAWSKI

These are the days to get some culture

THROWBACK. Culture Days comes to the Cumberland Heritage Village Museum Saturday and Sunday. Try on some heritage costumes, create some artwork, visit with the museum's horses. pigs, rabbits, cows and enjoy a ride on a scale model train with the Ottawa Valley Live Steamers and Model En-

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RUSSELL WILLIAMS CASE

"I THINK THIS IS SOMETHING THAT INTRIGUES PEOPLE"

Russell Williams piloted prime ministers and royalty and later commanded Canada's largest air force base in Trenton, Ont. He now awaits trial on charges including two murders, sexual assaults, and dozens of break and enters. Over the past few months, Bob McKeown and his team have done some of the most indepth interviews on Williams since his arrest.

There's been so much coverage about Col. Williams already. What more is there to learn?

This is one of those iconic events — like the killings in Mayerthorpe — that people hear about. We wanted to get in as deeply as possible with (people who knew him best) — his best friend of 30 years and some of the victims.

What surprised you the most about this case?

When you look at the pattern of crimes he's been accused of ... and put them in a timeframe, you'll see that the crimes

are grouped in the neighbourhoods near where he lived at the time. It's just fascinating to look at the pattern of these crimes and official duties he's been carrying out at the same time. It boggles the mind how someone could have that senior a position and allegedly be involved in this kind of crime spree.

What was the most difficult part of putting together a story like this?

Convincing people to talk about it. The people, especially the victims, are very reluctant to talk about it. His family has never been on the record.

Why do you think this story was so intriguing to Canadians?

Because it's so unlikely. He's someone who in every way seems to be the best and the brightest ... They trusted him so

much. You see a picture of the man standing next to the Queen and then you see his mugshot.

TRACEY TONG

Think pink and help find a cure

▶ Held at 63 sites across Canada, Run for the Cure is the primary fundraiser for the Canadian Breast Cancer Foundation ◆ 23,200 Canadians were diagnosed with breast cancer in 2009



Last December, Jamie Johnston Masson completed her last treatment for breast cancer since being diagnosed in February 2009.

But the Ottawa resident doesn't consider herself a survivor.

"I'm recovered," she said. "But I don't consider myself a survivor until there's a cure. It could come back tomorrow if it wanted.

"I'm scared every day." Along with her team, the Breast Dress Project, Masson is hoping to raise \$15,000 for the Canadian Breast Cancer Foundation at the Run for the Cure on Oct. 3.

There's still time to sign up for the event.

Organizers are expect-

"I try not to let it control me. I have to do my part because I want a cure desperately, but not a day goes by that I don't think about it. Until there's a cure, we're still in this fight constantly."

JAMIE JOHNSTON MASSON



ing about 9,000 people to participate in the Ottawa event, which is aiming to raise \$1.6 million for the foundation, said volunteer co-run director Rachel Tweedy.

Canadawide, 170,000 people will participate in the run. Individuals can sign up as late as Oct. 1 and 2 at any Running Room location, or onsite at Lebreton Flats on the day of the event.

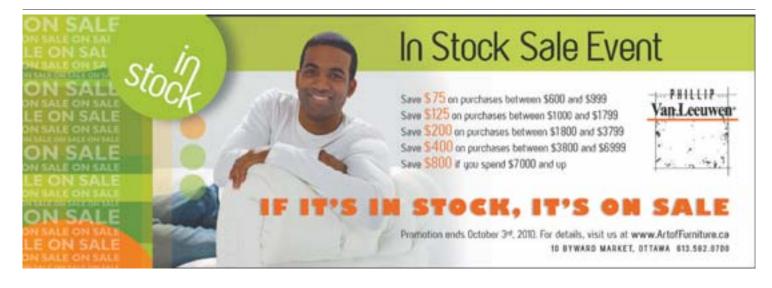
Although the primary purpose of the event is to raise funds for research, education and awareness programs, the run also raises awareness for the importance of screening and early detection, said Tweedy.

Contribute

Can't participate? Show your support in three different ways.

- Come out and cheer at 9
- a.m. on Oct. 3.

 Sponsor a runner online.
- Make a general donation to the run onsite.



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Walking the walk to fight HIV-AIDS

◆ AIDS Walk for Life starts at 6 p.m. Saturday from Marion Dewar Plaza ◆ Candlelight memorial to be held



With so many events held for different causes, this Saturday's 20th annual AIDS walk might not get as much attention as some of the others.

But it should, said event manager Jennifer McAndrew. About 3,000 people in Ottawa are living with HIV-AIDS, she said.

"I think it's something that doesn't get enough coverage," said McAndrew.

"It's not something like cancer and diabetes, that **58,000** people are living with HIV-AIDS in Canada. As many as 4,500 people are infected every year.

has touched everybody, so it's harder to relate," she said. "It's not in the media everyday."

All proceeds from the walk will be divided between seven organizations in Ottawa: Bruce House, the AIDS Committee of Ottawa, Pink Triangle Services, Planned Parenthood of Ottawa, Snowy Owl AIDS Foundation, Wabano Centre for Aboriginal Health and Youth Services Bureau of Ottawa.

"All the money stays in the community to help the people that live here," said McAndrew.

Proceeds enable them to continue offering prevention and education programs, as well as treatment, care and support for people living with and affected by HIV-AIDS in the Ottawa region.

There is no registration fee for the walk.

This weekend is all yours, ladies — enjoy

Women don't take enough time for themselves, says a spokesperson for the National Women's Show.

"They're career women and moms, and don't take the time to be pampered and kick back and have fun," said Tanya Williams.

But the 11th annual fall edition of the National Women's Show, held this weekend at Lansdowne Park, allows them to do just that. "They can come here

"They can come here and spend a couple of hours or a whole day, sample some food, check out some new fashions, get a makeover and do some shopping," said Williams.

Keynote speakers include Slice TV's Tommy Europe.

The personal trainer and host of The Last 10 Pounds Bootcamp will also



be leading a fitness session.

In addition to more than 200 exhibitors, there will also be fashion shows held at 12:45 p.m. Saturday and noon on Sunday, and cooking demonstrations all weekend.

More than 15,000 people are expected to attend.

TRACEY TONG

So much to do...

Your to-do list at the National Women's Show should include:

- Collect a free swag bag.
 "People will line up for
 hours" to get them, says
 show spokesperson
 Tanya Williams.
- Catch a performance by singer-songwriter Joe Taylor: 11:30 a.m. Saturday or 3:15 p.m. Sunday.
- Hear a talk by author Rosyln Franken, whom Williams calls "a great role model for women."
- Get a hair and makeup makeover.
- 5 Sip a glass of wine, with proceeds going toward ovarian cancer research.

Haydon keeps up LRT fight

Mayoral candidate Andy Haydon is continuing his campaign against light rail in Ottawa, saying that buses perform better in emergencies.

Disabled rail vehicles shut down the whole system, he says.

"The death and serious injury statistics of LRT are so much higher than buses," said Haydon.

During his time as regional chair of Ottawa-Carleton, Hayden was one of the driving forces behind the city's bus rapid transit network.

TIM WIECLAWSKI

Homeless man gets day in court

A homeless man who is charged with Ottawa's fifth homicide of the year appeared in court on Thursday.

Michael Douglas Scales, 42, of no fixed address, was facing one count of second-degree murder during his appearance in court.

Ottawa police found the body of Lawrence Chartier, 73, in his basement apartment on Chapel Street on March 16.

Chartier was wheelchair-bound.

TRACEY TONG

Fatal car case moves forward

A local man faces a bail hearing on Friday morning on charges filed after a car plowed into a married couple at a downtown bus stop last week.

Simon Banke, 20, is facing four charges, including stunt racing, dangerous operation of a motor vehicle causing death, criminal negligence causing death and having a blood alcohol level above zero.

On Sept. 16, a car struck Leo Paul and Sherryanne Regnier. Paul died at the scene; Sherryanne died in hospital on Monday.

TIM WIECLAWSKI



Bishop invites commuters back to church

○ 105,000 people worldwide returned to church after last year's campaign **○** Attendance no longer declining

Anglican bishops in ecclesiastical vestments invited thousands of bleary-eyed commuters back to church during a campaign at southern Ontario train stations Thursday — with at least one being mistaken for a common salesman.

The sight of Archbishop Colin Johnson dressed in his vestments and handing out cards outside Toronto's Union Station was mistaken as "just another gimmick" by one man.

"There are guys here every single day handing out stuff," said 34-year-old accountant Greg Hood, who added he thought it was "pretty cool" that



Johnson is the Anglican archbishop of Toronto.

After all, it's not everyday you see an archbishop extolling heavenly virtues just metres away from headless mannequins wearing suits and salesmen handing out flyers.

Anglican bishops were also at GO Train stations in Barrie, Oshawa, Clarkson and Richmond Hill handing out the cards, which read: "Angry, bored, happy, lonely, tired, stressed — come as you are. The Anglican Church welcomes you back to church."

The goal is to heighten awareness that the church and religious faith are important, Johnson said, adding people can return to church or attend for the first time, no matter what their faith.

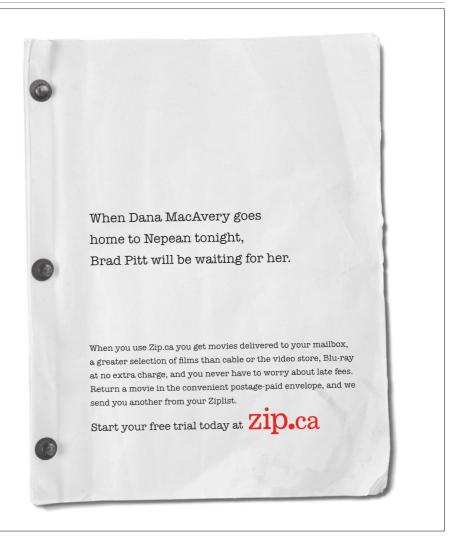
THE CANADIAN PRESS



Student fights alleged racism

A 16-year-old who believes she was kicked out of class for speaking her first language at school has prompted government investigations, and the case is demonstrating how volatile the issue of language in education remains in South Africa. School officials insist a disciplinary problem and not racism sparked the case, but it's now making headlines a generation after hundreds were killed when students revolted over being forced to learn in Afrikaans.





Lotto ticket wins twice

Police say Italian mobsters are buying winning lotto tickets to launder millions in cocaine profits.

Winners are paid the full prize or a little less in dirty money and avoid taxes had the original windfall been put in a bank.

THE ASSOCIATED PRESS

Train kills elephants

A speeding freight train struck a herd of elephants in eastern India, killing seven, an official said.

The herd was crossing the tracks in Banarhat forest in West Bengal state around midnight when the train plowed into it.

THE ASSOCIATED PRESS

BEAR ATTACK

She bops a bruin with a zucchini

A woman fended off a charging bear Thursday with ... a zucchini.

The woman heard after midnight a tussle in the backyard of her home near Frenchtown, Mon., an officer said.

She found a 90kilogram black bear attacking one of her two dogs. The woman stood at her back door and screamed to divert the bear's attention.

She told police the bear then charged her, took a swipe at her and tore her jeans. The woman grasped

The woman grasped the nearest object on her kitchen counter — a 30centimetre-long zucchini from her garden.

She flung it at the bear. It bopped the bruin on the top of its head and the animal fled.

THE ASSOCIATED PRESS

Layton blasts gun vote

NDP Leader Jack Layton is accusing the Tories and the Liberals of using the gun registry as the worst kind of wedge politics.

The parties are purposely dividing rural and urban for their own short-term

gains, he claimed.

Layton spoke out in a rousing speech to his caucus on the morning after a handful of his MPs switched their votes and saved the gun registry.

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PM: Canada is ready to serve

• Harper makes the case for seat on Security Council

Prime Minister Stephen Harper made an eloquent pitch Thursday for a seat on the powerful United Nations Security Coupeil

Nations Security Council.

He highlighted Canada's commitment to the peaceful ideals held dear by the UN.

In a solemn speech to the UN General Assembly, he also evoked the sorrow and sacrifice — and the "heavy price" — of the Canadian mission in Afghanistan.

"We pay it ... with profound sorrow, in the priceless lives of our young men and women who serve there," Harper said.

He described Canada — a founding member of the UN and the seventh-largest contributor to its finances — as a "consistently reliable and responsible participant in UN initiatives around the world."

around the world."

Canada, Harper declared, deserves one of the two available berths on the Security Council, the UN's top decision-making body.



"If we are elected, we will be ready to serve," he said.

Officials have said Canada has a tough fight against Germany and Por-

tugal to secure a seat.

The race will be decided Oct. 12 when the 192 United Nations ambassadors cast a secret vote. THE CANADIAN PRESS

Obama seeks peace in a year

U.S. President Barack Obama challenged the countries of the United Nations on Thursday to unite around peace efforts that he said could achieve

agreement within a year to create an independent Palestine and a secure Israel.

Obama, in a speech to the UN General Assembly,

urged fellow world leaders to press forward with renewed determination in the quest for Mideast peace.

THE ASSOCIATED PRESS

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Oilsands case lost in translation?

• Court action over workers' deaths four years late • Dealing with Chinese firm 'complicated': Official

Alberta says the complexity of dealing with a Chinese state-owned corporation is behind the long delay in prosecuting companies charged in the deaths of two oilsands workers.

"In this specific case there are multiple parties involved, one of which is located outside of Canada and maintains that they have not been served with charges," said Chris Chodan, a spokesperson for Alberta Occupational Health and Safety.

"It has made it more complicated for us.

"It makes it more difficult for us to get the procedure done."

Genboa Hongliang Lui, both temporary foreign workers, died on April 24, 2007, when the oil tank they

The long wait

- There is still no court date set for Sinopec because the corporation's managers in China apparently have not been served with legal
- The Alberta government savs the delay has nothing to do with the fact that another division of Sinopec is investing in the oilsands, including a \$4.65-billion US stake in Syncrude.

were working on near Fort McMurray collapsed.

Sinopec Shanghai Engineering Company Ltd., SSEC Canada Ltd., and Canadian Natural sources Ltd. face charges in the deaths under Alberta's Occupational Health and Safety Act.

SSEC and Canadian Na-

tional Resources are to go to trial on Oct. 3, 2011 almost four and a half years after the workers died — the longest delay in Alberta for such a prosecution.

A labour group says Alberta takes about three years to prosecute work-place safety death charges when other provinces deal with such cases within one year to 18 months.

Gil McGowan, president of the Alberta Federation Labour, said province should make it clear to foreign firms that they must obey by Alberta and Canadian laws if they want to operate here.

"A wait of four and a half years is outrageous and unacceptable," Mc-Gowan said. "Justice delayed is justice denied." THE CANADIAN PRESS

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